

Bookmark File 8 Team 8 Week Schedule

Read Pdf Free

Strategic Project Management Transformation
2016 Fantasy Football Consistency Guide
2017 Fantasy Football Consistency Guide 8
Weeks to SEALFIT **Naval Reservist Sport**
Education in Physical Education Agile
Processes, in Software Engineering, and
Extreme Programming *The Two Minute Drill*
Agile Model-Based Development Using UML-
RSDS **Executive Documents Biennial Report**
of the Bureau of Labor Statistics of Illinois
A Guide to Teaching in the Active Learning
Classroom **Business Statistics for**
Competitive Advantage with Excel 2007
Public Health Reports Leading software teams
with context, not control Presidential Clemency

Board, Report to the President Biennial Report
of the Bureau of Labor Statistics of the State of
Illinois for the Years Ending ... Business
Statistics for Competitive Advantage with Excel
2010 **Lean Organization: from the Tools of**
the Toyota Production System to Lean
Office Biennial Report, 1892-94, 1898-1910
Mission of Foreign Agricultural Service, U.S.
Department of Agriculture Super Football
Challenge **Ariel Biennial Report USA Today**
Index Princeton Alumni Weekly Bulletin of
the United States Bureau of Labor Statistics
The Metronome Effect **Intergenerational**
Relationships PSU: Quick Reference Guide and
Exam Questions Computational Combinatorial

Optimization Families and Schools Together
Pet-Specific Care for the Veterinary Team
Hockey Made Easy : Instructional Manual Team
Teaching at the College Level **Annual Report of**
the Bureau of Statistics of Labor and
Industries of New Jersey, for the Year
Ending ... Be He@lthy Be Mobile The Biggest
Loser: 6 Weeks to a Healthier You **Annual**
Reports of the President, the Deans, and
Other Officers of Miami University Business
Statistics for Competitive Advantage with
Excel 2013

A Guide to Teaching in the Active Learning
Classroom Jan 16 2022 While Active Learning
Classrooms, or ALCs, offer rich new
environments for learning, they present many
new challenges to faculty because, among other
things, they eliminate the room's central focal
point and disrupt the conventional seating plan
to which faculty and students have become
accustomed. The importance of learning how to

use these classrooms well and to capitalize on
their special features is paramount. The
potential they represent can be realized only
when they facilitate improved learning outcomes
and engage students in the learning process in a
manner different from traditional classrooms
and lecture halls. This book provides an
introduction to ALCs, briefly covering their
history and then synthesizing the research on
these spaces to provide faculty with empirically
based, practical guidance on how to use these
unfamiliar spaces effectively. Among the
questions this book addresses are: • How can
instructors mitigate the apparent lack of a
central focal point in the space? • What types of
learning activities work well in the ALCs and
take advantage of the affordances of the room? •
How can teachers address familiar classroom-
management challenges in these unfamiliar
spaces? • If assessment and rapid feedback are
critical in active learning, how do they work in a
room filled with circular tables and no central

focus point? • How do instructors balance group learning with the needs of the larger class? • How can students be held accountable when many will necessarily have their backs facing the instructor? • How can instructors evaluate the effectiveness of their teaching in these spaces? This book is intended for faculty preparing to teach in or already working in this new classroom environment; for administrators planning to create ALCs or experimenting with provisionally designed rooms; and for faculty developers helping teachers transition to using these new spaces.

USA Today Index Dec 03 2020

The Two Minute Drill May 20 2022 Authors Clinton Longenecker, Greg Papp, and Timothy Stansfield reveal that all too often business organizations are defeated while the clock is still ticking. Boggled down by sluggish business practices that stifle change, they are unable to pick up the pace when necessary to score and win. The Two-Minute Drill translates football's

lessons for business leaders who want to succeed in today's competitive marketplace. The book clearly shows what it takes to accelerate change and improvement within any type of organization.

2017 Fantasy Football Consistency Guide Oct 25 2022 Bob Lung shows you the best kept secret in Fantasy Football. Consistency! His 30 years of playing and 15 years as a nationally recognized writer and expert will help you make the playoffs and lead your teams toward a Championship!

The Metronome Effect Aug 31 2020 The *Metronome Effect* will guide you on your journey to predictable profit. It will ensure the habituation that excellence is derived from is engrained in your organization. Every leader is empowered to set their metric beat to make sure the company is doing everything it needs to do to grow their profit. This book draws on the wisdom of some of the best business minds of our time, as well as the author's own experiences as a serial entrepreneur, to create a

methodology that shows you a practical step-by-step process; how to rhythmically integrate all the crucial parts of your business. Every leader has a metronome—find yours and discover the path to predictable profit. Shannon Byrne Susko has more than twenty years of experience building and leading high-growth technology companies in the financial services industry. She co-founded, served as Chief Executive Officer, and led the sale of two companies in less than six years: Subserveo, Inc. and Paradata Systems Inc. She was recognized as one of Canada's Top 40 under 40 in 2000, and was awarded the Sarah Kirke Award for Canada's Leading Women Entrepreneurs in 2006. She currently serves as a corporate director, as well as a leadership coach, helping CEOs and top executives in a variety of industries keep their companies on the path to growth and predictable profit. www.metronome-effect.com "The perfect 'execution' book to complement Scaling Up." Verne Harnish Founder, Gazelles & EO; Author,

Scaling Up (Fall 2014), Greatest Business Decisions of All Time, Mastering the Rockefeller Habits "Shannon is a first rate Entrepreneur, Chief Executive, and Business Coach. Through observation of her in each role, directly and through the experience of others working closely with Shannon, the credibility she brings to The Journey to Predictable Profit is a huge asset to fellow Entrepreneurs and Business leaders. Enjoy this book and apply the lessons within." Keith Cupp President, Gazelles International Coaching Association "An excellent, simple, and proven system to reach strategic clarity and grow your business." Kaihan Krippendorff Author, Outthink the Competition; CEO, Outthinker

Agile Processes, in Software Engineering, and Extreme Programming Jun 21 2022 This book contains the refereed proceedings of the 17th International Conference on Agile Software Development, XP 2016, held in Edinburgh, UK, in May 2016. While agile development has

already become mainstream in industry, this field is still constantly evolving and continues to spur an enormous interest both in industry and academia. To this end, the XP conference attracts a large number of software practitioners and researchers, providing a rare opportunity for interaction between the two communities. The 14 full papers accepted for XP 2016 were selected from 42 submissions. Additionally, 11 experience reports (from 25 submissions) 5 empirical studies (out of 12 submitted) and 5 doctoral papers (from 6 papers submitted) were selected, and in each case the authors were shepherded by an experienced researcher. Generally, all of the submitted papers went through a rigorous peer-review process.

Naval Reservist Aug 23 2022

[PSU: Quick Reference Guide and Exam](#)

[Questions](#) Jun 28 2020 Welcome!

Congratulations on taking the first important step towards preparing for the Exam! This book is a quick Reference Guide created for the PSU

(Professional Scrum with User Experience) Examinations. The guide highlights all the important information present on : 1) The Scrum Guide Nov 2020) 2) The Book Lean UX: Designing Great Products with Agile Teams by Jeff Gothelf and Josh Seiden. The Guide also contains Questions and Answers which will help you prepare for the PSU Exam. The PSU I certification assessment focuses primarily on validating that one has a fundamental level of understanding about how to integrate modern UX practices into Scrum and to work effectively within Scrum Teams. Note: 1) Information and Content found on the Scrum Guide is repeated on this Reference guide. 2) This Reference guide is not a text book or a replacement to the Scrum Guide or to the Lean UX book. It's simply your workbook which has content (present on the Scrum guide and on the Lean UX Book) presented systematically to understand and memorize for the exam. 3) The Reference guide also has questions and answers which will help

you prepare for the PSU exam. 4) Your feedback is much appreciated. Please feel free to email ScrumReferenceGuides@gmail.com in case of any questions. 5) % of the book is available for you to see before you buy it in the "Look Inside" Amazon Feature. This will help you understand exactly what you are buying. The Scrum.org the PSU (Professional Scrum with User Experience) is 60-minute time boxed assessments where you will answer 80 multiple choice questions (in English), similar to the Scrum Open Assessment. You get one attempt (upon payment of fee) and you decide when and where to the exam. There is no expiration date. You are not required to attend an assessment center and can take it from the comfort of your own home. If you do not pass the exam, you can retake the exam, however you would have to pay the fees again. Following are the steps for taking (and passing) the Scrum.org the PSU (Professional Scrum with User Experience) assessment and obtaining the certification: 1. If you are new to Scrum and

have never been part of a Scrum team, taking a course is recommended. Attend a Scrum.org Professional Scrum Master or Professional Scrum Product Owner course and review these notes upon completion of the course. 2. Read the Scrum Guide and Lean UX book together with this Reference book. The Scrum Guide is extremely condensed and thus we have decomposed and categorized the most important information present on the Scrum Guide in this Reference Guide. 3. All the important information present in the SCRUM Guide is in this quick Reference Guide. 4. Read the Book Lean UX: Designing Great Products with Agile Teams by Jeff Gothelf and Josh Seiden 5. Go through the questions and answers at the bottom of the book. 6. Take the Scrum Open Assessment (<https://www.scrum.org/open-assessments>) until you can do the assessment quickly and score close to 100% three times in a row.

Bulletin of the United States Bureau of

Labor Statistics Oct 01 2020

Intergenerational Relationships Jul 30 2020

Understand how multigenerational family relationships can benefit all generations!

Intergenerational Relationships: Conversations on Practice and Research Across Cultures

focuses on how family and community relationships are affected by pressing social problems. Respected international authorities reveal how cultures from Africa, Asia, the US, and Europe value connections among people of different ages and how these relationships are used to address crucial social problems.

Insightful research bridges multiple disciplines to provide a unique perspective demonstrating the benefits of intergenerational relationships.

Intergenerational Relationships: Conversations on Practice and Research Across Cultures

presents a variety of approaches to social and intergenerational issues from international authors. The book discusses issues in two intergenerational categories: relationships in

families and relationships in communities. The diverse range of content presents an enlightened view of the transformation of societies by modern technologies and illustrates the importance of maintaining a firm cultural identity through the relationships of different age groups. The view that the interdependence of multiple generations and society's common goals are inseparable is discussed in papers that explore rites of passage, language transfer, art and literature, community events, and research.

Intergenerational Relationships: Conversations on Practice and Research Across Cultures explores: the devastation of intergenerational relationships in Nigeria because of AIDS intergenerational cultural transmission among the Akan of Ghana African views of elders in folklore and literature transitional changes in contemporary intergenerational relationships in India the construction of future theories of intergenerational relationships intergenerational initiatives in Sweden faith-based health and

wellness programs in the US intergenerational relationships in US communities relationships between differing age groups among the Tumbuka of northern Malawi transformations over time in generational relationships in Africa intergenerational developments in England Intergenerational Relationships: Conversations on Practice and Research Across Cultures is an important text for educators and students in intergenerational studies; researchers delving into intergenerational relationships, cultural transfer, and social change; international policymakers; and interdisciplinary scholars in developmental psychology, education, gerontology, sociology, and political science. *Mission of Foreign Agricultural Service, U.S. Department of Agriculture* Apr 07 2021 **Families and Schools Together** Apr 26 2020 *Strategic Project Management Transformation* Dec 27 2022 In today's challenging commercial environment, many business projects are now categorized as strategic investment with the

primary concern being value impact on an organization's bottom line. This title equips project managers with the skills necessary to effectively manage projects as strategic investments.

Hockey Made Easy : Instructional Manual Feb 23 2020

Biennial Report of the Bureau of Labor Statistics of Illinois Feb 17 2022

Executive Documents Mar 18 2022

Annual Reports of the President, the Deans, and Other Officers of Miami University Sep 19 2019

Biennial Report Jan 04 2021

Computational Combinatorial Optimization May 28 2020 This tutorial contains written versions of seven lectures on Computational Combinatorial Optimization given by leading members of the optimization community. The lectures introduce modern combinatorial optimization techniques, with an emphasis on branch and cut algorithms and Lagrangian

relaxation approaches. Polyhedral combinatorics as the mathematical backbone of successful algorithms are covered from many perspectives, in particular, polyhedral projection and lifting techniques and the importance of modeling are extensively discussed. Applications to prominent combinatorial optimization problems, e.g., in production and transport planning, are treated in many places; in particular, the book contains a state-of-the-art account of the most successful techniques for solving the traveling salesman problem to optimality.

Business Statistics for Competitive Advantage

with Excel 2010 Jul 10 2021 In a revised and updated edition, this popular book shows readers how to build models using logic and experience, offers shortcuts for producing statistics using Excel 2010, and provides many real-world examples focused on business in emerging global markets.

Sport Education in Physical Education Jul 22

2022 This book present teachers with a

framework for developing units of work that will provide their students with challenging and enjoyable sporting experiences and involve them in an array of roles.

Pet-Specific Care for the Veterinary Team

Mar 26 2020 A practical guide to identifying risks in veterinary patients and tailoring their care accordingly Pet-specific care refers to a practice philosophy that seeks to proactively provide veterinary care to animals throughout their lives, aiming to keep pets healthy and treat them effectively when disease occurs. Pet-Specific Care for the Veterinary Team offers a practical guide for putting the principles of pet-specific care into action. Using this approach, the veterinary team will identify risks to an individual animal, based on their particular circumstances, and respond to these risks with a program of prevention, early detection, and treatment to improve health outcomes in pets and the satisfaction of their owners. The book combines information on medicine and

management, presenting specific guidelines for appropriate medical interventions and material on how to improve the financial health of a veterinary practice in the process.

Comprehensive in scope, and with expert contributors from around the world, the book covers pet-specific care prospects, hereditary and non-hereditary considerations, customer service implications, hospital and hospital team roles, and practice management aspects of pet-specific care. It also reviews specific risk factors and explains how to use these factors to determine an action plan for veterinary care.

This important book: Offers clinical guidance for accurately assessing risks for each patient Shows how to tailor veterinary care to address a patient's specific risk factors Emphasizes prevention, early detection, and treatment Improves treatment outcomes and provides solutions to keep pets healthy and well Written for veterinarians, technicians and nurses, managers, and customer service

representatives, Pet-Specific Care for the Veterinary Team offers a hands-on guide to taking a veterinary practice to the next level of care.

Leading software teams with context, not control

Oct 13 2021 As a software engineering leader, the scope of your role is extensive. You have many competing responsibilities and priorities that need to be balanced to ensure you and your team are as effective as possible. These can include providing architectural direction, driving peer to peer collaboration, ensuring cross-team alignment, motivating teams with purpose, supporting team members' career progression, or perhaps helping remove blockers and impediments. All of these efforts work to create a specific culture within a software team that aims to improve effectiveness, engagement, and retention. This book is for software engineering leaders who are responsible for leading teams. It also dives into the unique complexity and challenges that comes with leading, aligning and

supporting multiple software teams. This book aspires to provide you with helpful and reusable approaches that can be leveraged to bring about a greater level of efficiency into your role as a leader. There are many books written around leading teams or leading people, this book takes a lens of what specific practices and initiatives you should be investing your time into when leading software engineering teams. The book has been inspired by the many people I have worked with, learnings from practices I have implemented, as well as books and blogs I have read over the years. I see this is a book that leads itself to many iterations and should evolve as I discover new practices and techniques that help me improve the way I lead software teams. Regardless of the size of your software team, if you find yourself needing to better balance both the technical and people aspects of leading teams, or guidance on initiatives you could be running to improve team alignment, effectiveness and engagement then this book is

written for you.

[Team Teaching at the College Level](#) Jan 24 2020
Team Teaching at the College Level describes a college-level team teaching program which affords unusual opportunities for developing an educational environment that fosters productive personal relationships between and among college students and faculty. The book describes the nature and scope of selected team teaching programs; the manner in which such programs can be administered; the potential impact of team teaching on a developing curriculum; the role of faculty and students who constitute the teaching-learning team; the particular housing requirements of team teaching programs; and finally, the limitations and future prospects of this emerging concept. In the following chapters frequent reference is made to the philosophy, program, and methodology of Boston University's College of Basic Studies, where a team system was first developed in 1949 and where an entire collegiate two-year program of

studies functions on a team teaching plan. This College's extensive experience with team teaching has made possible refinements which may interest those seeking to broaden their understanding of the potential role and function of team teaching in higher education. * Rich in case studies, examples, and in-chapter elements that focus on the challenges of launching and operating a technology venture * In-depth examination of intellectual property development, valuation, deal structuring, and equity preservation, issues of most relevance to technology start-ups * Extensive discussion of technology management and continuous innovation as a competitive advantage * Addresses the issue of leading, managing, motivating, and compensating technical workers * More time on the fundamentals of marketing and selling, as these are elements of entrepreneurship commonly most neglected by engineers and scientists

Business Statistics for Competitive

Advantage with Excel 2007 Dec 15 2021

Exceptional managers know that they can create competitive advantages by basing decisions on performance response under alternative scenarios. To create these advantages, managers need to understand how to use statistics to provide information on performance response under alternative scenarios. Statistics are created to make better decisions. Statistics are essential and relevant. Statistics must be easily and quickly produced using widely available software, Excel. Then results must be translated into general business language and illustrated with compelling graphics to make them understandable and usable by decision makers. This book helps students master this process of using statistics to create competitive advantages as decision makers. Statistics are essential, relevant, easy to produce, easy to understand, valuable, and fun, when used to create competitive advantage. The Examples, Assignments, And Cases Used To Illustrate

Statistics For Decision Making Come From Business Problems McIntire Corporate Sponsors and Partners, such as Rolls-Royce, Procter & Gamble, and Dell, and the industries that they do business in, provide many realistic examples. The book also features a number of examples of global business problems, including those from important emerging markets in China and India. It is exciting to see how statistics are used to improve decision making in real and important business decisions. This makes it easy to see how statistics can be used to create competitive advantages in similar applications in internships and careers. Learning Is Hands On With Excel and Shortcuts

Princeton Alumni Weekly Nov 02 2020

Biennial Report, 1892-94, 1898-1910 May 08 2021

2016 Fantasy Football Consistency Guide

Nov 26 2022 Let nationally-recognized Fantasy Football expert, Bob Lung, help guide you to a Fantasy Football league championship in 2016!

Bob can show you how to use his unique consistency methods to identify the most consistent players in your league based on your scoring methods.

Be He@lthy Be Mobile Nov 21 2019

[The Biggest Loser: 6 Weeks to a Healthier You](#)

Oct 21 2019 BASED ON THE HIT SHOW AND NEW YORK TIMES BESTSELLING BOOKS Each season on The Biggest Loser, America watches the contestants transform their bodies at the Ranch. But what you can't see on television is the even more incredible physical transformation that takes place on the inside, as Biggest Losers radically change their health and quality of life through diet, exercise, and lifestyle changes. The Biggest Loser: 6 Weeks to a Healthier You brings the Ranch into your home and gives you the same tools, medical advice, nutrition tips, and exercise instruction that the contestants receive there. In just 6 weeks, you can change your future and make strides toward preventing and reversing conditions such as

diabetes, heart disease, and high blood pressure. You'll also learn how to:

- Boost your mood and brainpower with simple yoga poses and omega-3 rich foods like the Veggie Cheese Omelet and Mexican Turkey Burger.
- Protect yourself from colds and flus by enhancing immunity with the power of vitamins A and C, found in the Southern Start breakfast and Fire-Roasted Tomato Soup.
- Cut your cancer risk with strength training and the power antioxidants, like those in the Bye-Bye Blues Smoothie and Berrylicious Oatmeal.
- Help prevent heart disease by getting plenty of aerobic exercise and trimming saturated fat from your diet with lean protein dishes like the Sweet Pepper Chicken Sandwich and Egg White Bites.

With delicious recipes, easy-to-follow meal plans, and 6 weeks of exercises to get you moving, *The Biggest Loser: 6 Weeks to a Healthier You* helps you lose pounds—and gain a lifetime of good health. *Super Football Challenge* Mar 06 2021 Presents a collection of trivia quizzes focusing on both

professional and college football.

Annual Report of the Bureau of Statistics of Labor and Industries of New Jersey, for the Year Ending ... Dec 23 2019

Biennial Report of the Bureau of Labor Statistics of the State of Illinois for the Years Ending ... Aug 11 2021

Business Statistics for Competitive Advantage with Excel 2013 Aug 19 2019

Exceptional managers know that they can create competitive advantages by basing decisions on performance response under alternative scenarios. To create these advantages, managers need to understand how to use statistics to provide information on performance response under alternative scenarios. This updated edition of the popular text helps business students develop competitive advantages for use in their future careers as decision makers. Students learn to build models using logic and experience, produce statistics using Excel 2013 with shortcuts, and translate results into implications

for decision makers. The author emphasizes communicating results effectively in plain English and with compelling graphics in the form of memos and PowerPoints. Statistics, from basics to sophisticated models, are illustrated with examples using real data such as students will encounter in their roles as managers. A number of examples focus on business in emerging global markets with particular emphasis on emerging markets in Latin America, China and India. Results are linked to implications for decision making with sensitivity analyses to illustrate how alternate scenarios can be compared. Chapters include screenshots to make it easy to conduct analyses in Excel 2013 with time-saving shortcuts expected in the business world. PivotTables and PivotCharts, used frequently in businesses, are introduced from the start. The Third Edition features Monte Carlo simulation in three chapters, as a tool to illustrate the range of possible outcomes from decision makers' assumptions and underlying

uncertainties. Model building with regression is presented as a process, adding levels of sophistication, with chapters on multicollinearity and remedies, forecasting and model validation, autocorrelation and remedies, indicator variables to represent segment differences, and seasonality, structural shifts or shocks in time series models. Special applications in market segmentation and portfolio analysis are offered, and an introduction to conjoint analysis is included. Nonlinear models are motivated with arguments of diminishing or increasing marginal response.

8 Weeks to SEALFIT Sep 24 2022 8 Weeks to SEALFIT plunges you into more than a workout program. Mark Divine's stories and assignments will develop your mental, emotional, intuitive and spiritual warrior as well as your physical warrior. What You Will Learn • Develop the character traits of a Navy SEAL • Forge an unbeatable mind • Adopt a level-headed approach to nutrition • Gain exceptional overall

strength and stamina • Improve work capacity and durability • Get the best functional workout available with the least amount of equipment

A Sneak Peek into 8 Weeks to SEALFIT It begins with your arrival as a Navy SEAL BUD/S cadet. There's no time to dilly dally. You either do the first workout and commit to this training, or don't bother. Next day, you move on to another challenge completely different than what you'd expect. It's not the stuff for doubters, quitters, or complainers. These 8 weeks will be hard. Mark will push your physical body to its limits and test your inner resolve. You'll be tempted to give up. But if you embrace the suck of the challenge, you'll begin to win. The stories and adventures Mark takes you on — escaping battlefield danger, calming yourself when there's no way out, learning to trust your gut — will tap into more power than you knew you had. You'll begin to glimpse, and reach, your full potential. You'll develop the character that makes a Navy SEAL: discipline, drive,

determination, self-mastery, honor, integrity, courage, and leadership. You'll thrive in a teamwork setting. You'll learn to laugh and not take your circumstances so seriously. You'll even know how to functionally train without equipment. This is the ground-breaking training that increases SEALFIT athletes' overall endurance, work capacity, and toughness. Be someone special. Let's get started...

Agile Model-Based Development Using UML-RSDS Apr 19 2022 This book describes the concepts and application of model-based development (MBD), model transformations, and Agile MBD to a wide range of software systems. It covers systems requirements engineering, system specification and design, verification, reuse, and system composition in the context of Agile MBD. Examples of applications in finance, system migration, internet systems and software refactoring are given. An established open-source MBD technology, UML-RSDS, is used throughout to illustrate the concepts. The book

is suitable for industrial practitioners who need training in Agile MBD, and those who need to understand the issues to be considered when introducing MBD in an industrial context. It is also suitable for academic researchers, and for use as text for undergraduate or postgraduate courses in MBD. Examples for educational use of UML-RSDS are included in the book.

Ariel Feb 05 2021

Public Health Reports Nov 14 2021

Presidential Clemency Board, Report to the President Sep 12 2021

Lean Organization: from the Tools of the Toyota Production System to Lean Office Jun 09 2021 Lean Organization for Excellence describes the right way to implement lean thinking inside both manufacturing and service industries. After explaining the origins of the concept and discussing 'wastes' and value

added, the book aims to set out a precise path of action. To this end, the so-called Hoshin Kanri method of defining business objectives and targets is explained, and a Value Stream Mapping tool that serves to identify all wastes is described. Subsequent chapters cover each of the TPS (Toyota Production System) tools, from 5S to SMED, and special attention is devoted to the Ducati case study, in which tools such as 5S and Kanban are applied. Lean metrics and the innovative Value Stream Accounting are discussed, and the closing chapter focuses on Lean Office for the service industry. Each chapter includes illustrations and tables relating to practical cases concerning the subject under consideration, based on real consultancy experiences.

estore.fdl.com.bd